

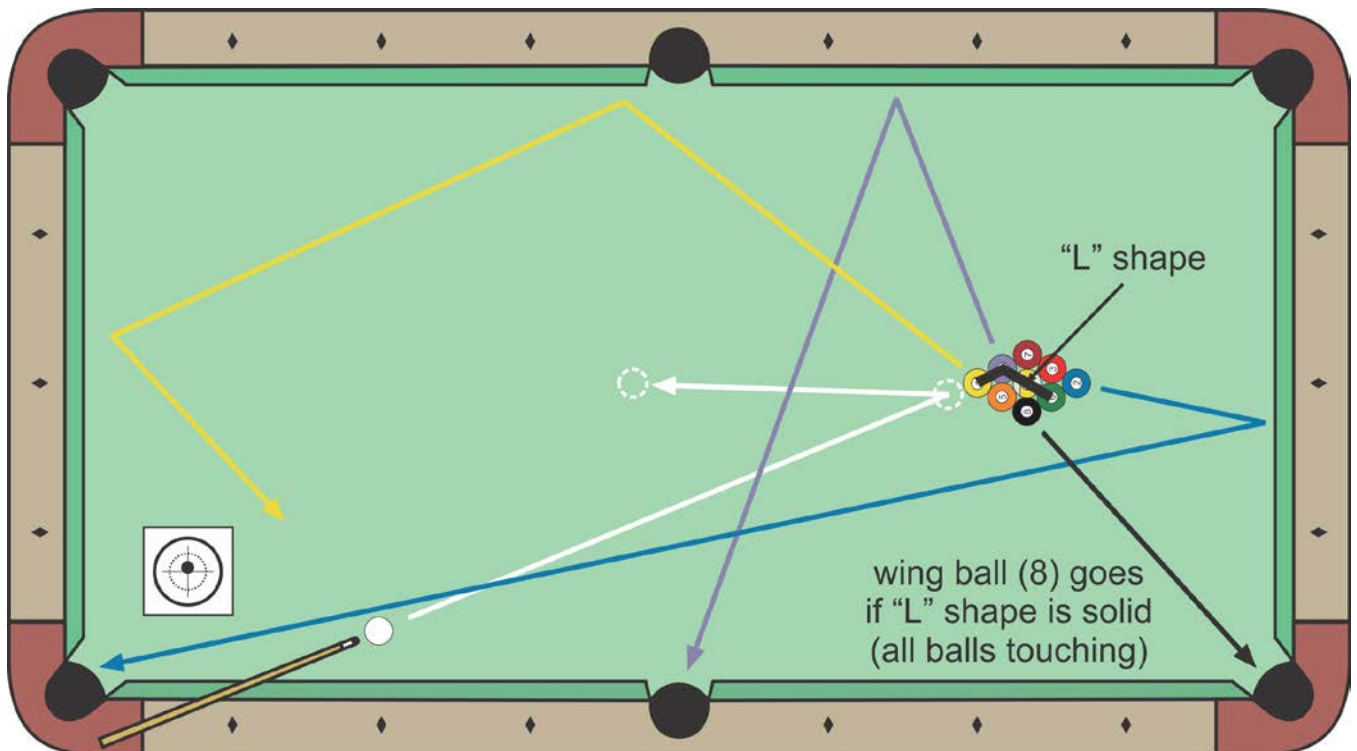
Break

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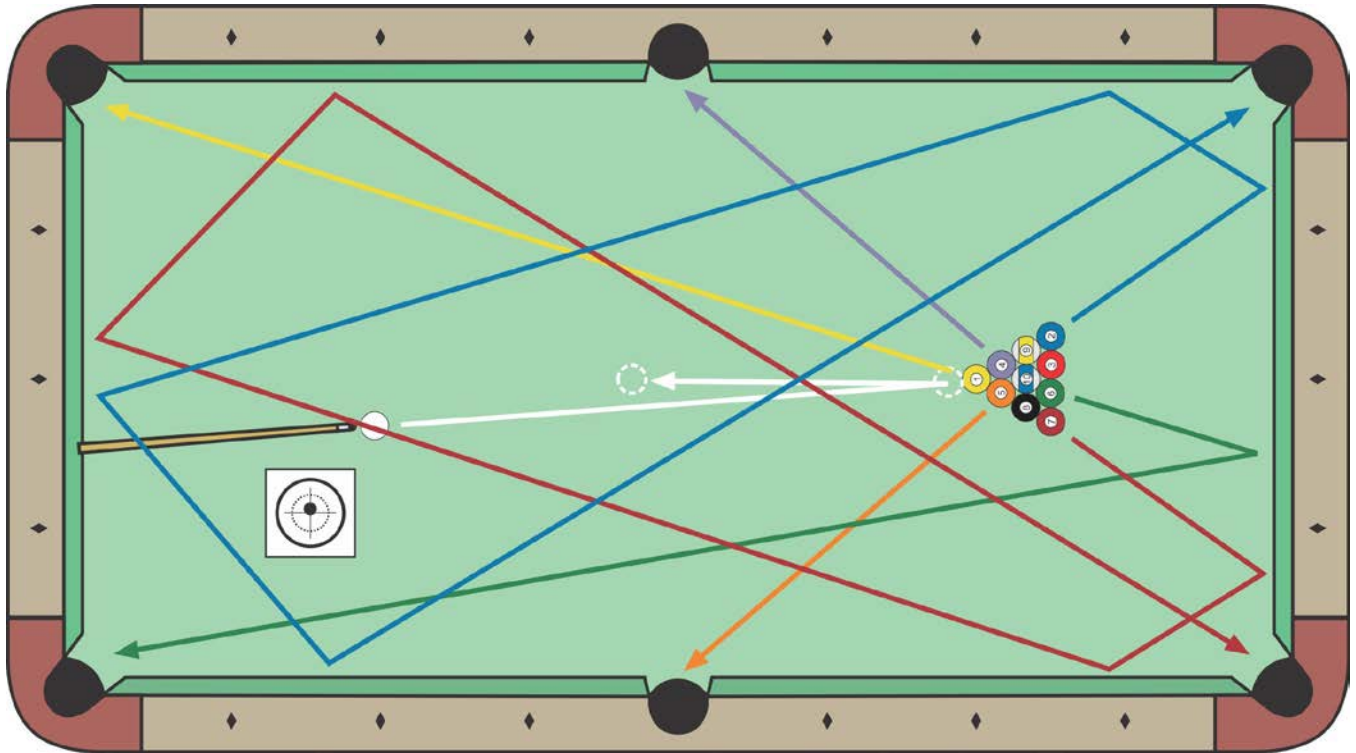
1. Use Only as Much Power as You Can Control, and Get a Square Hit
2. Don't Use Sidespin (wastes energy, causes squirt)
3. Relax Grip and Wrist (use timing and smooth acceleration, not muscle)
4. Use a Longer Bridge Length
5. Keep the Cue as Level as Possible at Impact
6. Accelerate Through the Ball
7. Follow Through Completely and Straight
8. Squat the Rock (using a slightly-above-center hit with fast speed)
9. Choose a Break Cue Wisely (bridge at natural pivot length)
10. Diagnose and Adjust (for squareness of hit and ball reaction)

for added power (use only as much as you can control):
choke up on grip, raise body (for longer lever), use shoulder (drop elbow)

recommended 9-ball break:



recommended 10-ball (and power 8-ball) break:



recommended non-power 8-ball break (the power break is similar to 10-ball):

